

Medical Leg Press

MD-S70



- Class I Med CE certified for therapeutic, rehab and active-aging environments creating a wide range of progression programs, including isometric, loaded isometric, isotonic, plyometric, elastic and combined (elastic and weight stack) exercises
- Low starting weight of 2.63 kg / 5.8 lbs offers gradual progression
- One-handed foot platform adjustment allows easy range of motion changes from the seated position
- Therapist foot platform adjustment allows range of motion changes from a standing position outside the machine
- Adjustable shoulder pads and flat-to-incline (2.5°-78°) gas-assisted seat back provide flexible progressions and comfortable use for clients of all sizes
- Stack disconnect allows free movement of the carriage without additional resistance, ideal for deconditioned, rehabbing and injured clients
- Range of motion limiter prevents movement of the carriage beyond a determined point
- Band hooks make it easy to add external resistance bands for elastic and plyometric training
- Retractable foot rest keeps the client's off leg clear of moving parts while performing one-leg exercises
- Carriage lockout and range-of-motion limiter restrict carriage movement for isometric contractions while protecting clients from overextending
- Large informational placards provide clear adjustment and progression instructions for medical professionals and clients working independently
- Optional incremental weight allows increases as small as 0.9 kg / 2 lbs to help clients of all ability levels see real progress
- Optional accessory package includes a heel cup, wedge block and wire mount to help medical professionals provide a greater variety of specific exercises
- Optional step stool helps those with physical limitations enter or exit the leg press more easily and safely
- Optional force plate holder lets medical professionals connect a third-party device to measure the left- and right-foot force applied, ideal for clients striving to build balance

ADJUSTMENTS

Color points of adjustment	Yes
Seat back angle adjustment	Yes, 8 positions (2.5°, 15.5°, 28°, 38°, 48°, 58°, 68°)

and 78°)

Weight stack disengagement	Yes
Range of motion limitation	27 positions
Shoulder pad height adjustment	11 positions
Shoulder pad width adjustment	Yes
Band attachment points	Yes, 4
Range of motion start adjustment	Gas assisted foot platform adjustment, 13 positions, dual adjustment (user or therapist)

FRAME & CABLES

Available frame color	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
Available upholstery color	Black, American Beauty Red
Frame finish	Proprietary two-coat powder process
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	2

TECH SPECS

Overall dimensions	263.2 x 121.9 x 188.3 cm / 103.7" x 48" x 74.2"
Product weight	372 kg / 820 lbs
Max user weight	159 kg / 350 lbs
Modes of Operation	Isometric, Loaded Isometric, Isotonic, Plyometric, Elastic
MED CE Compliant	Yes

USER AMENITIES

Front placards	Color-coded machine identification & machine specific stretching
Placard color coding	Blue (lower body)
Operational decals	Adjustment locations and operation instruction; start and finish exercise illustrations
Rear placards	Color-coded machine identification & machine specific stretching
Foot placement zones	Yes, 6 positions
Personal storage	Storage Area

WEIGHT STACK

Weight stack	136 kg / 300 lbs
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Incremental weight system	.9, 1.8, 2.7, 3.6 kg / 2, 4, 6, 8 lbs (Optional)
Starting weight	2.63 kg / 5.8 lbs Disconnected; 9.43 kg / 20.8 lbs Connected
Max training weight	139.6 kg / 308 lbs
Weight stack guarding	Full front and rear shields