S-Drive Performance Trainer

- Sled brake with eight settings provides a true-to-life weighted sled pushing experience

- Parachute brake with 11 settings gives users the feel of real parachute resistance

- Sled and parachute brakes can be used individually or together to vary between cardio and strength-building workouts

- Adjustable harness offers easy entry and exit while allowing for a complete upper body range of movement

- Built-in bar simulates sled pushing and pulling without needing the space to use a traditional sled

- 7-degree incline is ideal for building strength and explosiveness with proper form, whether the user is performing forward, lateral or reverse movements

- Full perimeter handrails offer easy entry and exit and support during lateral movement

- Low-inertia design offers true-to-life ground reaction force and quick deceleration, ideal for high-intensity interval training

- Heavy-duty deck stands up to the most intense workout environments and accommodates larger users in rehabilitation environments

- Self-powered design makes it easy to place the unit anywhere in your facility

- 19 cm / 7" step-on height offers easy access for users of all kinds

- True zero start and unlimited top speed offers a wide variety of users the ability to match their workout experience to their needs and fitness goals

FEATURES

Resistance Type	Independent Sled and Parachute brakes
User Harness	Connection free harness for walking or sprinting
Deck Type	Reversible silicone 2.5 cm / 1" deck
Belt Type	Habasit, 2-ply commercial grade
Running Area	152 x 51 cm / 60" x 22"
Step-on Height	17.8 cm / 7"
Incline Range	7° fixed
Speed Range	User defined

TECH SPECS

Power Requirements	Self-powered
Sled Brake Maximum Resistance	122.5 kg / 270-lb. sled on natural turf
Assembled Dimensions	76.8" x 34.8" x 59" / 195 x 88.3 x 150 cm (L x W x H)
Max User Weight	182 kg / 400 lbs.
Assembled Weight	122.5 kg / 270 lb
Shipping Weight	158.3 kg / 349 lbs.